A transformative learning experience can be defined by a change in behavior as a result of a disorienting dilemma. “When circumstances permit, transformative learners move toward a frame of reference that is more inclusive, discriminating, self-reflective, and integrative of experience” (Mezirow 1997). Transformative learning as a process is often personal to the learner, meaning the change occurs within oneself. An important aspect of adult education is learning to make our own interpretations rather than simply acting on known beliefs and feelings of others (Mezirow 1997). Mezirow’s ten step process of transformational change is a guide to explain the personal journey through the development of the mind. This roundtable discussion session will focus on communicating a transformative learning experience through a scenario that involves a student organizational leader working through Mezirow’s ten step transformative learning theory. The goal of the session is to provide participants with examples of each step in order to personalize the theory in a way that is clear, concise, and relatable. The session will incorporate role play in order for participants to be able to create their own interpretations of the theory that will allow critical reflection through communicating a transformative learning experience.

SELECT REFERENCES


For further information, contact the lead presenter:
Jesse Andrews
Graduate Student, Adult and Higher Education: Student Personnel
University of Central Oklahoma
100 N. University Drive
Edmond, OK 73034
Phone: (870) 917-8903
Email: jandrews13@uco.edu