

# CRITICALLY REFLECTING ON TRANSFORMATIVE COACHING

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## *A RESEARCH PRESENTATION*

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## *ABSTRACT*

This interactive session will introduce participants to the model of Transformative Coaching, a reflective process developed by one of the presenters. Building on Mezirow and Kolb, this coaching process moves the coachee through a transformative experience leading to new alternative frames of reference. Participants will experience one powerful piece of the model, recently described in the Journal of Transformative Learning, which addresses the development of alternative perspectives. The model has proven to be successful with leaders from various organizations in the UK, and a few cases will be provided, as well as a description of the on-going qualitative analysis. Participants will also gain insight into the process of applying transformative learning to particular process as in this case of executive coaching.

## **SELECT REFERENCES**

Corrie, I., & Lawson, R. (2017). Transformative executive coaching: Considerations for an expanding field of research. *Journal of Transformative Learning (JoTL)*, 4(1), 50-59.

Mezirow, J., & Associates (2000). *Learning as Transformation: Critical perspectives on a theory in progress*. New York, NY: John Wiley.

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For further information, contact the lead presenter:

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